

Supporting Young Autistic People Experiencing Barriers to School Attendance



with

Helen Edgar of Autistic Realms and
Jess Garner of GROVE Neurodivergent Mentoring & Education



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Introductions



Late Identified Autistic
& ADHD

Parent

Secondary Teacher &
Middle Leader

MA Autism
(note: 22-25)

Founder of
GROVE



Jess Garner
(she/her)

Our work is informed by a combination of **lived experience**, **community engagement**, **professional experience** and **academic study**. We are not mental health professionals.



Late Identified Autistic

Parent

Early Years/Primary
SEND Teacher

Founder of
Autistic Realms



Helen Edgar

AIMS



First half: Jess - *Understanding and critiquing the context*

- Overview of the current and historic situation;
- Some current approaches taken: what, why, research/evidence base;
- Shifting paradigms: why and how things need to change;
- Listening, believing, understanding.

TRIGGER WARNINGS:

Mental health, self-harm & suicide & deficit based descriptions about autism.



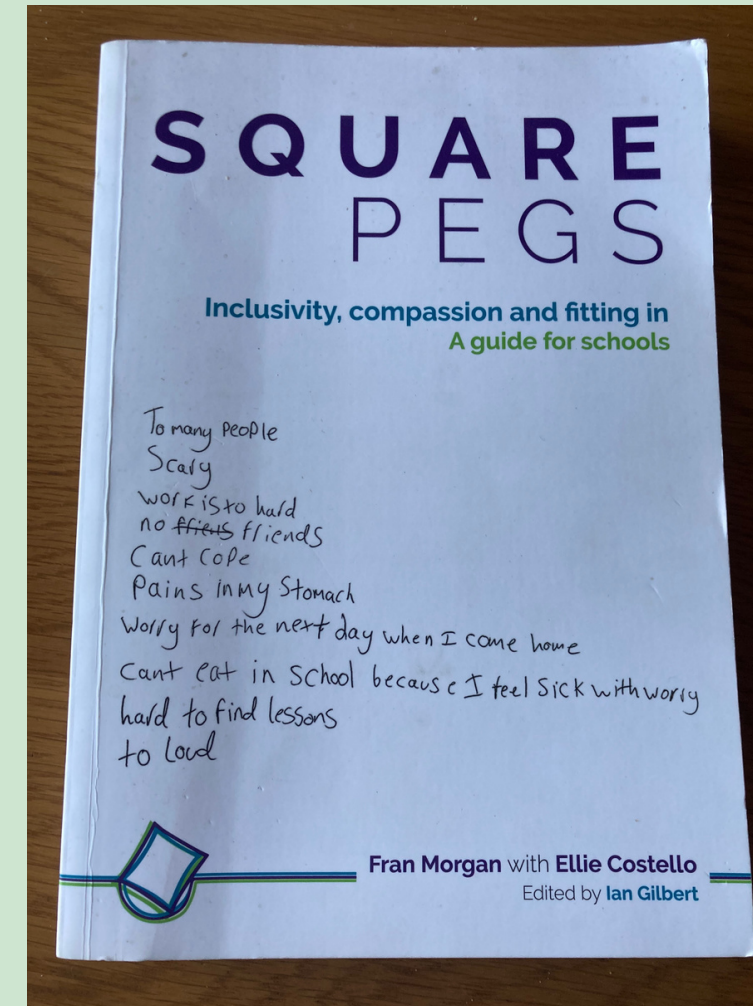
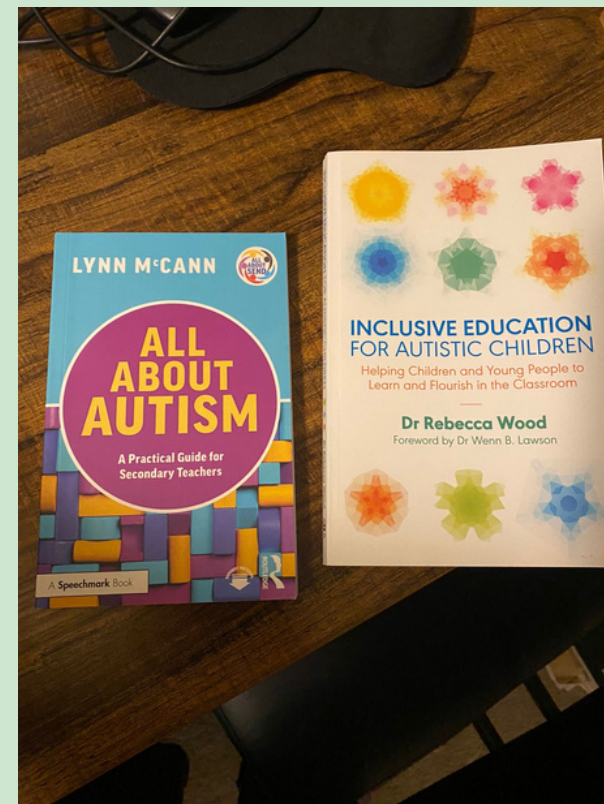
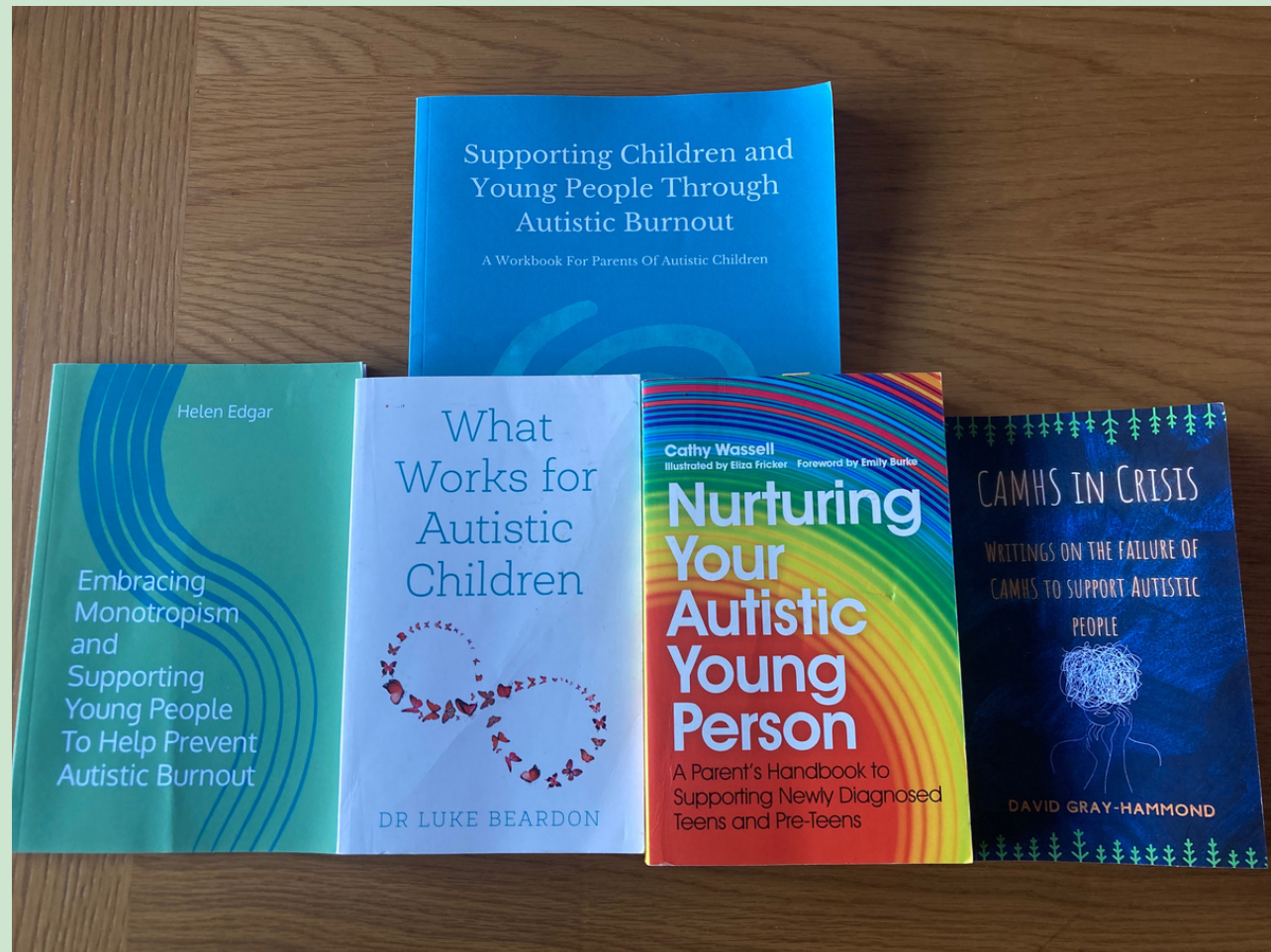
Second half: Helen - *How we can move forward*

- Reframing autism: Monotropism
- Autistic burnout
- How can we support at home?
- How can we support at school ?
- What are the alternatives?

Jess and Helen:

- Q&A

Recommendations For Everyone



www.monotropism.org

www.notfineinschool.co.uk

www.stimpunks.org

www.autismunderstood.co.uk

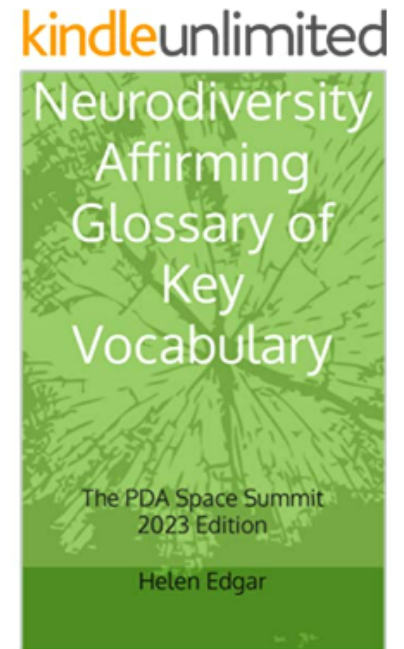
USEFUL RESOURCES



Best Sellers in Education Reference

Top 100 Paid Top 100 Free

#1



Neurodiversity Affirming Glossary
> Helen Edgar
★★★★★★ 8
Kindle Edition

FREE DOWNLOAD

Inspired by the webinar with Nicola Reekie delivered by:
Fergus Murray
Creator of monotropism.org
Science Teacher, Chair of AMASE
October 2023

The PDA Space Portal
(www.thepdaspace.com)
Created by Helen Edgar

www.autisticrealms.com

Review AUTISTIC BURNOUT: A FAMILY GUIDE

★★★★★

" I love it, It could be such a valuable resource. I think it's absolutely brilliant - I really enjoyed it and feel that it could be something that many families will find super useful - well done!"

Dr. Luke Beardon
Senior Lecturer in Autism
2023

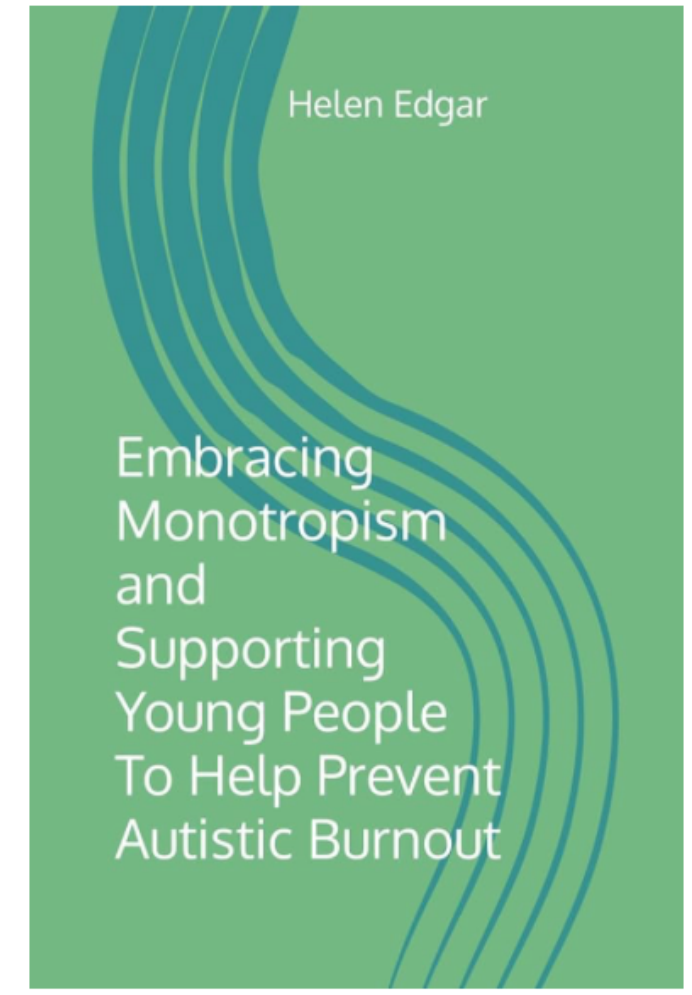
Autistic Burnout: A Family Guide

Developing understanding & opening up conversations to support children and young people through Autistic Burnout.

Helen Edgar
www.autisticrealms.com
2023

Helen Edgar
Embracing Monotropism and Supporting Young People To Help Prevent Autistic Burnout

4.2 ★★★★★ 7



GROVE
NEURODIVERGENT MENTORING & EDUCATION



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USEFUL RESOURCES



📞 0300 123 3393
 ⓘ Helpline
 🌐 mind.org.uk



here for you 24/7

📞 Text SHOUT to 85258
 ⓘ 24/7 Text Service
 🌐 giveusashout.org



📞 116 123
 ⓘ 24/7 Helpline
 🌐 samaritans.org



📞 Text YM to 85258
 ⓘ 24/7 Text Service
 🌐 youngminds.org.uk



📞 0800 58 58 58
 ⓘ Helpline for Men
 🌐 thecalmzone.net



📞 0800 068 4141
 ⓘ Under 35s Helpline
 🌐 payrus-uk.org



Crisis Support Uk



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